

THE EAR TRAINING METHOD
CONTENTS

BY JAZZADVICE.COM

VOL 1 MASTERING INTERVALS

1 Welcome to Volume One

2 The Follow Along Style

3 Why Intervals

4 The Process

Lesson 1 - Track List

1A - Introduction to Lesson 1

1B - Ingrain half steps down

1C - Intro to singing intervals

1D - Sing half steps down

1E - Intro to half steps up

1F - Ingrain half steps up

1G - Intro to singing half steps up

1H - Sing half steps up

1I - Intro to harmonic half steps

1J - Ingrain harmonic half steps

Lesson 2 - Track List

2A - Introduction to Lesson 2

2B - Ingrain whole steps down

2C - Sing whole steps down

2D - Intro to whole steps up

2E - Ingrain whole steps up

2F - Sing whole steps up

2G - Ingrain harmonic whole steps

2H - Intro to differentiation exercises

2I - Differentiation half and whole steps down

2J - Differentiation half and whole steps up

2K - Intro to Checkpoints

2L - Checkpoint #1

Lesson 3 - Track List

3A - Introduction to Lesson 3

3B - Ingrain minor thirds down

3C - Sing minor thirds down

3D - Intro to minor thirds up

3E - Ingrain minor thirds up

3F - Sing minor thirds up

3G - Ingrain minor thirds harmonic

VOL 1 MASTERING INTERVALS

Lesson 4 - Track List

- 4A - Introduction to Lesson 4
- 4B - Ingrain major thirds down
- 4C - Sing major thirds down
- 4D - Intro to major thirds up
- 4E - Ingrain major thirds up
- 4F - Sing major thirds up
- 4G - Ingrain major third harmonic
- 4H - Intro to differentiation major and minor thirds
- 4I - Differentiation major and minor thirds down
- 4J - Differentiation major and minor thirds up
- 4k - Checkpoint 2

Lesson 5 - Track List

- 5A - Introduction to Lesson 5
- 5B - Ingrain perfect fourths down
- 5C - Sing perfect fourths down
- 5D - Intro to perfect fourths up
- 5E - Ingrain perfect fourths up
- 5F - Sing perfect fourths up
- 5G - Ingrain perfect fourths harmonic

Lesson 6 - Track List

- 6A - Introduction to Lesson 6
- 6B - Ingrain tritones down
- 6C - Sing tritones down
- 6D - Intro to tritones up
- 6E - Ingrain tritones up
- 6F - Sing tritones up
- 6G - Ingrain tritones harmonic

Lesson 7 - Track List

- 7A - Introduction to Lesson 7
- 7B - Ingrain perfect fifths down
- 7C - Sing perfect fifths down
- 7D - Intro to perfect fifths up
- 7E - Ingrain perfect fifths up
- 7F - Sing perfect fifths up
- 7G - Ingrain perfect fifths harmonic
- 7H - Intro to differentiation perfect fourths and fifths
- 7I - Differentiation perfect fourths and fifths down
- 7J - Differentiation perfect fourths and fifths up
- 7k - Checkpoint 3

VOL 1 MASTERING INTERVALS

Lesson 8 - Track List

- 8A - Introduction to Lesson 8
- 8B - Ingrain minor sixths down
- 8C - Sing minor sixths down
- 8D - Intro to minor sixths up
- 8E - Ingrain minor sixths up
- 8F - Sing minor sixths up
- 8G - Ingrain minor sixths harmonic
- 8H - Intro to differentiation minor sixths and tritones
- 8I - Differentiation minor sixths and tritones down
- 8J - Differentiation minor sixths and tritones up

Lesson 9 - Track List

- 9A - Introduction to Lesson 9
- 9B - Ingrain major sixths down
- 9C - Sing major sixths down
- 9D - Intro to major sixths up
- 9E - Ingrain major sixths up
- 9F - Sing major sixths up
- 9G - Ingrain major sixths harmonic
- 9H - Intro to differentiation maj 6ths, perf 5ths, perf 4ths
- 9I - Differentiation maj 6ths, perf 5ths, perf 4ths down

- 9J - Differentiation maj 6ths, perf 5ths, perf 4ths up
- 9k - Checkpoint 4

Lesson 10 - Track List

- 10A - Introduction to Lesson 10
- 10B - Ingrain minor sevenths down
- 10C - Sing minor sevenths down
- 10D - Intro to minor sevenths up
- 10E - Ingrain minor sevenths up
- 10F - Sing minor sevenths up
- 10G - Ingrain minor sevenths harmonic

VOL 1 MASTERING INTERVALS

Lesson 11 - Track List

- 11A - Introduction to Lesson 11
- 11B - Ingrain major sevenths down
- 11C - Sing major sevenths down
- 11D - Intro to major sevenths up
- 11E - Ingrain major sevenths up
- 11F - Sing major sevenths up
- 11G - Ingrain major sevenths harmonic
- 11H - Intro to differentiation maj 7, min 7, min 6, tritone
- 11I - Differentiation maj 7, min 7, min 6, tritone down
- 11J - Differentiation maj 7, min 7, min 6, tritone up

Lesson 12 - Track List

- 12A - Introduction to Lesson 12
- 12B - Ingrain octaves down
- 12C - Sing octaves down
- 12D - Intro to octaves up
- 12E - Ingrain octaves up
- 12F - Sing octaves up
- 12G - Ingrain octaves harmonic
- 12H - Checkpoint 5

Lesson 13 - Track List

- 13A - Beyond the basics
- 13B - Three notes full assisted
- 13C - Three notes partially assisted
- 13D - Three notes practice

Lesson 14 - Track List

- 14A - Moving forward
- 14B - More than three notes fully assisted
- 14C - More than three notes partially assisted
- 14D - More than three notes practice
- 14E - Where to go from here

VOL 2 BASIC CHORD STRUCTURES

1 Welcome

2 Basic chordal structures

3 How to master your basic chordal structures

Lesson 1 - Track List

1A - Introduction to Lesson 1

1B - Ingrain major triads

1C - Intro to minor triads

1D - Ingrain minor triads

1E - Intro to differentiation maj and min triads

1F - Differentiation major and minor triads

Lesson 2 - Track List

2A - Introduction to Lesson 2

2B - Ingrain diminished triads

2C - Intro to augmented triads

2D - Ingrain augmented triads

2E - Intro to differentiation dim and aug triads

2F - Diff diminished and augmented triads

2G - Intro to differentiation maj, min, dim, aug triads

2H - Differentiation maj, min, dim, aug triads

2I - Checkpoint 1 group a

2J - Checkpoint 1 group b

2K - Checkpoint 1 group c

Lesson 3 - Track List

3A - Introduction to Lesson 3

3B - Ingrain major 7th chords

3C - Intro to dominant 7th chords

3D - Ingrain dominant 7th chords

3E - Intro to minor 7th chords

3F - Ingrain minor 7th chords

3G - Intro to half diminished 7th chords

3H - Ingrain half diminished 7th chords

3I - Intro to diminished 7th chords

3J - Ingrain diminished 7th chords

VOL 2 BASIC CHORD STRUCTURES

Lesson 4 - Track List

- 4A - Introduction to Lesson 4
- 4B - Differentiation major and dominant 7
- 4C - Intro to differentiation major and minor 7
- 4D - Differentiation major and minor 7
- 4E - Intro to differentiation minor and half diminished 7
- 4F - Differentiation minor and half diminished 7
- 4G - Intro to differentiation half and fully dim 7
- 4H - Differentiation half and fully diminished 7
- 4I - Intro to differentiation all 7th chords
- 4J - Differentiation maj, dom, min, half dim, fully dim 7
- 4k - Checkpoint 2 group a
- 4L - Checkpoint 2 group b
- 4M - Checkpoint 2 group c
- 4N - Checkpoint 2 group d

Lesson 5 - Track List

- 5A - Introduction to Lesson 5
- 5B - Ingrain roots on major triads
- 5C - Intro to 3rds on major triads
- 5D - Ingrain 3rds on major triads
- 5E - Intro to 5ths on major triads

- 5F - Ingrain 5ths on major triads
- 5G - Intro to singing chord tones
- 5H - Singing chord tones on major triads
- 5I - Differentiation of 135 on major triads
- 5J - Intro to chord tones on minor triads
- 5K - Ingrain roots on minor triads
- 5L - Intro to 3rds on minor triads
- 5M - Ingrain 3rds on minor triads
- 5N - Intro to 5ths on minor triads
- 5O - Ingrain 5ths on minor triads
- 5P - Singing chord tones on minor triads
- 5Q - Differentiation of 135 on minor triads

VOL 2 BASIC CHORD STRUCTURES

Lesson 6 - Track List

- 6A - Introduction to Lesson 6
- 6B - Ingrain roots on diminished triads
- 6C - Intro to 3rds on diminished triads
- 6D - Ingrain 3rds on diminished triads
- 6E - Intro to 5ths on diminished triads
- 6F - Ingrain 5ths on diminished triads
- 6G - Singing chord tones on diminished triads
- 6H - Differentiation of 135 on diminished triads
- 6I - Intro to chord tones on augmented triads
- 6J - Ingrain roots on augmented triads
- 6K - Intro to 3rds on augmented triads
- 6L - Ingrain 3rds on augmented triads
- 6M - Intro to 5ths on augmented triads
- 6N - Ingrain 5ths on augmented triads
- 6O - Singing chord tones on augmented triads
- 6P - Differentiation of 135 on augmented triads
- 6Q - Checkpoint 3 group a
- 6R - Checkpoint 3 group b
- 6S - Checkpoint 3 group c

Lesson 7 - Track List

- 7A - Introduction to Lesson 7
- 7B - Ingrain roots on major 7
- 7C - Intro to 3rds on major 7
- 7D - Ingrain 3rds on major 7
- 7E - Intro to 5ths on major 7
- 7F - Ingrain 5ths on major 7
- 7G - Intro to 7ths on major 7
- 7H - Ingrain 7ths on major 7
- 7I - Singing chord tones on major 7
- 7J - Differentiation of 1357 on major 7

VOL 2 BASIC CHORD STRUCTURES

Lesson 8 - Track List

- 8A - Introduction to Lesson 8
- 8B - Ingrain roots on dominant 7
- 8C - Intro to 3rds on dominant 7
- 8D - Ingrain 3rds on dominant 7
- 8E - Intro to 5ths on dominant 7
- 8F - Ingrain 5ths on dominant 7
- 8G - Intro to 7ths on dominant 7
- 8H - Ingrain 7ths on dominant 7
- 8I - Singing chord tones
- 8J - Differentiation of 1357 on on dominant 7

Lesson 9 - Track List

- 9A - Introduction to Lesson 9
- 9B - Ingrain roots on minor 7
- 9C - Intro to 3rds on minor 7
- 9D - Ingrain 3rds on minor 7
- 9E - Intro to 5ths on minor 7
- 9F - Ingrain 5ths on minor 7
- 9G - Intro to 7ths on minor 7
- 9H - Ingrain 7ths on minor 7
- 9I - Singing chord tones on minor 7

- 9J - Differentiation of 1357 on minor 7

Lesson 10 - Track List

- 10A - Introduction to Lesson 10
- 10B - Ingrain roots on half diminished 7
- 10C - Intro to 3rds on half diminished 7
- 10D - Ingrain 3rds on half diminished 7
- 10E - Intro to 5ths on half diminished 7
- 10F - Ingrain 5ths on half diminished 7
- 10G - Intro to 7ths on half diminished 7
- 10H - Ingrain 7ths on half diminished 7
- 10I - Singing chord tones on half diminished 7
- 10J - Differentiation of 1357 on half diminished 7
- 10K - Checkpoint 4 group a
- 10L - Checkpoint 4 group b

VOL 3 UPPER STRUCTURES

1 Welcome

2 Upper structures, altered chord tones & voicings

3 The Process

Lesson 1

1A - Introduction to Lesson 1

1B - Ingrain 9 on major 7

1C - Understanding the 11th major 7

1D - Intro to the #11 on major 7

1E - Ingrain the #11 on major 7

1F - Intro to 13 on major 7

1G - Ingrain 13 on major 7

1H - Sing 9, #11, 13 on major 7

1I - Differentiation 9, #11, 13 on major 7

1J - Hearing chord tones in voicings

1K - Major 7 voicing with the 9

1L - Major 7 voicing with the 13

1M - Major 7 voicing with the #11

Lesson 2

2A - Introduction to Lesson 2

2B - Ingrain 9 on minor 7

2C - Intro to 11 on minor 7

2D - Ingrain 11 on minor 7

2E - Intro to 13 on minor 7

2F - Ingrain 13 on minor 7

2G - Sing 9, 11, 13 on minor 7

2H - Differentiation 9, 11, 13 on minor 7

2I - Minor 7 voicing with the 9

2J - Minor 7 voicing with the 11

2K - Minor 7 voicing with the 13

2L - Intro to Checkpoint 1

2M - Checkpoint 1 group a

2N - Checkpoint 1 group b

2O - Checkpoint 1 group c

VOL 3 UPPER STRUCTURES

Lesson 3

3A - Introduction to Lesson 3
3B - Ingrain 9 on dominant 7
3C - Intro to #11 on dominant 7
3D - Ingrain #11 on dominant 7
3E - Intro to 13 on dominant 7
3F - Ingrain 13 on dominant 7
3G - Intro to sus 4 on dominant 7
3H - Ingrain sus 4 on dominant 7
3I - Sing 9, #11, 13, Sus 4 on dominant 7
3J - Differentiation 9, #11, 13, Sus 4 on dominant 7
3K - Dominant 7 natural 9 and 13 voicing
3L - Dominant 7 #11 voicing
3M - Dominant 7 Sus voicing

Lesson 4

4A - Introduction to Lesson 4
4B - Ingrain #5 on dominant 7
4C - Intro to b9 on dominant 7
4D - Ingrain b9 on dominant 7
4E - Intro to #9 on dominant 7
4F - Ingrain #9 on dominant 7

4G - Sing b5, #5, b9, #9 on dominant 7
4H - Differentiation b5, #5, b9, #9 on dominant 7
4I - Dominant 7 b9 natural 13 voicing
4J - Dominant 7 #9 #5 voicing
4K - Dominant 7 #9 natural 5 voicing
4L - Dominant 7 #5 natural 9 voicing
4M - Hearing the differences of dominant voicings
4N - Intro to Checkpoint 2
4O - Checkpoint 2 group a
4P - Checkpoint 2 group b
4Q - Checkpoint 2 group c

VOL 3 UPPER STRUCTURES

Lesson 5

5A - Introduction to Lesson 5

5B - Ingrain natural 9 on half diminished

5C - Intro to 11 on half diminished

5D - Ingrain 11 on half diminished

5E - Intro to 13 on half diminished

5F - Ingrain 13 on half diminished

5G - Sing natural 9, 11, 13 on half diminished

5H - Differentiation natural 9, 11, 13 on half diminished

5I - Half diminished voicing

5J - Half diminished natural 9 voicing

5K - Intro to Checkpoint 3

5L - Checkpoint 3 group a

5M - Checkpoint 3 group b

5N - Checkpoint 3 group c

5O - Checkpoint 3 group d

5P - Checkpoint 3 group e

5Q - Checkpoint 3 group f

5R - Thank You